

GLOBAL ADVENTURE FFL WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	<p>MEDITERRANEAN Chicken Shawarma Flatbread</p> <p>Paprika Potato Wedges (no oil)</p> <p>House Slaw</p>	<p>CHINESE Five Spiced Beef</p> <p>Beggars Noodles</p> <p>Peas</p>	<p>BRITISH Roast Pork with Stuffing and Apple Sauce</p> <p>Roast Potatoes (oil)</p> <p>Seasonal Cabbage</p> <p>Carrots</p> <p>Gravy</p>	<p>INDIAN Chicken Tikka Masala</p> <p>Rice</p> <p>Cucumber Raita</p>	<p>BRITISH Home-made Battered Fish Fillet</p> <p>Chips (oil)</p> <p>Baked Beans OR Peas</p>
HIGH STREET FAVES	Halal shawarma flatbread	Halal five spiced beef	Halal chicken breast	Halal Chicken Tikka Masala	
	Feta and Potato Frittata	Mac 'N' Cheese	Sweet Potato & Squash Casserole	Boston Bean Pot	Veg & Bean Quesadilla
	Salad Bar	Garlic Bread* (no oil)	Salad Bar	Salad Bar	Chips (oil)
	Southern Greens	Salad Bar	Corn on the Cob	House Slaw	Salad bar
SPEEDY ITALIAN	Veggie Supreme Pizza (v)	3 Cheese Sicilian Pizza (v)	Hawaiian Pizza	Bacon Pizza	Veggie Hot One Pizza (v)
	Chicken & tomato pasta	Arrabiata Pasta (v)	Chunky Vegetable Pasta	Cajun chicken piazza	Herby Tomato Pasta (v)
	Margarita Pizza (v)	Margarita Pizza (v)	Margarita Pizza (v)	Margarita Pizza (v)	Margarita Pizza (v)

Wholegrain * Oily Fish ***

GLOBAL ADVENTURE FFL WEEK 2

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	DEEP SOUTH DINER New Yorker Quorn Dog	Pasta bolognaise With garlic bread	Roast Turkey with stuffing Roast Potatoes vegetables & Gravy	JAPANESE Teriyaki Chicken thigh Japanese Noodles	BRITISH Home-made Battered Fish Fillet Chips (oil) Baked Beans OR Peas
HIGH STREET FAVES	Halal chicken dog	Halal pasta bolognaise with garlic bread	Halal chicken breast	Halal teriyaki chicken breast	
	Quorn Sausage Pattie & Cheese Bun	Smoky Cauliflower Cheese	Louisiana Bean Pot	Mac 'N' Cheese	Corn, Black Eye Bean and Feta Soft Taco
	Paprika Potato Wedges (no oil)	Garlic and Herb Bread* (no oil)		Cajun Potato Wedges (no oil)	Mississippi Rice *
	Salad bar	Salad Bar	Salad bar	Salad Bar	Salad Bar
SPEEDY ITALIAN	Veggie Hot One Pizza (v)	Cajun Chicken Sizzler Pizza	Veggie Supreme Pizza (v)	Bacon Pizza	Sicilian Cheese & Tomato Pizza (V)
	Arabiata Pasta (v)	Herby Tomato Pasta (v)	BBQ Chicken Pasta*	Garlic Chicken pizza	Italian Chicken Pasta
	Margarita Pizza (v)	Margarita Pizza (v)	Margarita Pizza (v)	Margarita Pizza (v)	Margarita Pizza (v)

Wholegrain * Oily Fish ***

GLOBAL ADVENTURE FFL WEEK 3

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE	Sausage & Mash With peas and gravy	MEDITERANNEAN Chicken Gyros Crunchy Salad	Roast Gammon Roast potatoes vegetables & gravy	Ultimate Cheese burger With Cajun wedges	BRITISH Home-made Battered Fish Fillet Chips (oil) Baked Beans OR Peas
HIGH STREET FAVES	Halal chicken sausage & mash With peas and gravy	Halal chicken gyros	Halal chicken breast	Ultimate halal cheese burger With Cajun wedges	
	Butternut Squash Feta Bake	Vegetable Chilli	Cajun Vegetable Burrito	Chickpea & feta burger With salsa	Quorn sausage Pattie mushroom burger
		Golden Rice & Beans			
	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
SPEEDY ITALIAN	Veggie Hot One Pizza (v)	3 Cheese Sicilian Pizza (v)	Mushroom & Sweetcorn Pizza (v)	Sicilian Cheese & Tomato Pizza (v)	Chicken Supreme Pizza
	Cheesy Penne Pasta (v)	Neapolitan Beanie Pasta	Herby Tomato Pasta (v)	Chicken & tomato Pasta	Chicken & tomato pasta
	Margarita Pizza (v)	Margarita Pizza (v)	Margarita Pizza (v)	Margarita Pizza (v)	Margarita Pizza (v)
	Wholegrain * Oily Fish ***				